

2002 USATF Masters 8k Cross Country Championships

November 3, 2002

Black Creek Park

Rochester, NY

Results

Men 8 km

Name	Age	Team	Avg Mile	Finals
1 Dalton, Tom	M44	Adirondack AC 40+	5:09.8	25:39.65
2 Christie, Gordon	M41	Canada	5:25.3	26:57.01
3 Hawes, Dave	M40	Gvh 40+	5:28.0	27:10.09
4 Vander Molen, Jim	M42	Chargers 40+	5:30.2	27:21.38
5 Andrews, Charlie	M45	Gvh 40+	5:31.1	27:25.81
6 Da Silva Jardin, Ronald	M41	Canada	5:33.0	27:34.94
7 Carroll, Bob	M46	Checkers AC 40+	5:33.3	27:36.53
8 Bolton, Robert	M41	Chargers 40+	5:36.8	27:54.02
9 Earl, James	M43	Canada	5:37.2	27:55.77
10 Underwood, Bob	M42	Adirondack AC 40+	5:38.1	28:00.62
11 Vodacek, Tony	M43	Gvh 40+	5:38.5	28:02.72
12 Duebelbeiss, David	M40	Canada	5:39.8	28:08.84
13 McMullen, Tim	M49	Gvh 40+	5:40.7	28:13.29
14 Davies, Keith	M43	Bryn Mawr RC 40+	5:42.0	28:19.96
15 Noonan, John	M43	Adirondack AC 40+	5:42.3	28:21.19
16 Moore, Gary	M46	Gvh 40+	5:42.4	28:22.06
17 Wyzomirski, Dominic	M43	Western Penn TC 40+	5:43.3	28:26.40
18 Robinson, James	M49	Gvh 40+	5:44.5	28:32.32
19 Van Dyke, Larry	M41	Western Penn TC 40+	5:46.0	28:39.91
20 Wilkins, Eric	M44	Western Penn TC 40+	5:46.9	28:44.12
21 Rybinski, Mark	M47	Chargers 40+	5:47.1	28:45.25
22 Murphy, Tim	M42	Chargers 40+	5:47.6	28:47.73
23 Shields, Chuck	M43	Bryn Mawr RC 40+	5:47.7	28:48.43
24 Van Kerkhove, John	M40	Gvh 40+ "b"	5:47.9	28:49.24
25 Reitz, Howie	M45	Gvh 40+	5:48.2	28:50.49
26 Hubel, Carl	M45	Western Penn TC 40+	5:48.5	28:52.00
27 Moloney, Desmond	M42	Canada	5:48.7	28:53.01
28 Campbell, Joe	M45	Checkers AC 40+	5:49.0	28:54.83
29 Irving, Jerry	M51	Checkers AC 50+	5:50.1	29:00.37
30 Burns, Chris	M47	Adirondack AC 40+	5:50.3	29:01.16
31 Lindo, Eddy	M41	Chargers 40+	5:50.4	29:01.69
32 Cuono, James	M43	Bryn Mawr RC 40+	5:51.2	29:05.60
33 Vidito, Mike	M46	Canada	5:52.4	29:11.69
34 Radford, Gary	M46	Chargers 40+	5:53.0	29:14.73
35 Buckley, Chris	M41	Adirondack AC 40+	5:53.8	29:18.72
36 Dodge, Brian	M49	Chargers 40+	5:54.0	29:19.77
37 Keenan, Dale	M52	Adirondack AC 50+	5:54.6	29:22.36
38 Shearin, Jesse	M40	Western Penn TC 40+	5:54.7	29:23.00
39 Price, Roger	M53	Raritan Vall	5:54.9	29:24.19
40 Kitzrow, Fred	M46	Adirondack AC 40+	5:55.5	29:27.08
41 Waldron, James	M42	Checkers AC 40+	5:56.8	29:33.36
42 Delph, Terry	M57	Philadelphia	5:58.1	29:39.87
43 Briell, Ken	M52	Adirondack AC 50+	5:58.5	29:42.05
44 Gibbons, Phil	M41	Western Penn TC 40+	5:59.0	29:44.25
45 Finucane, Leo	M45	Gvh 40+	6:00.7	29:52.89
46 Contois, Dennis	M41	Checkers AC 40+	6:01.3	29:56.05

47	Van Kerkhove, Dennis	M43	Gvh 40+ "b"	6:04.6	30:12.14
48	Horwich, Bill	M55	Canada	6:04.8	30:13.34
49	Murphy, Chris	M45	Adirondack AC 40+	6:07.2	30:24.94
50	Fillmore, Dennis	M50	Adirondack AC 50+	6:08.1	30:29.46
51	Forrestel, Steve	M53	Checkers AC 50+	6:09.5	30:36.70
52	Sobal, David	M50	Western Penn TC 50+	6:09.8	30:38.13
53	Forrestel, Peter	M50	Checkers AC 50+	6:12.1	30:49.50
54	Borla, Bill	M62	Wolfpit Running 60+	6:12.9	30:53.41
55	Gerardi, Pete	M51	Adirondack AC 50+	6:13.3	30:55.64
56	Liebers, Robert	M44	Checkers AC 40+	6:14.1	30:59.31
57	Glover, Pat	M56	Adirondack AC 50+	6:16.1	31:09.63
58	Scott, Keith	M40	Gvh 40+ "b"	6:20.4	31:30.74
59	Harrison, Mark	M48	Gvh 40+ "b"	6:21.3	31:35.01
60	Krajewski, Lary	M50	Checkers AC 50+	6:21.7	31:36.98
61	Brown, Doug	M57	Raritan Vall	6:22.1	31:39.11
62	Kenney, Fred	M41	Bryn Mawr RC 40+	6:22.3	31:40.06
63	Carroll, George	M59	Western Penn TC 50+	6:23.0	31:43.83
64	Ward, David	M51	Checkers AC 50+	6:23.2	31:44.65
65	Duttge, Paul	M52	Checkers AC 50+	6:23.7	31:46.94
66	May, Jim	M56	Gvh 50+	6:25.4	31:55.46
67	Wallace, Gary	M53	Raritan Vall	6:25.8	31:57.47
68	Morris, Wayne	M46	Canada	6:27.8	32:07.32
69	Garrow, Anthony	M47	Checkers AC 40+	6:29.3	32:14.78
70	Diffenbach, George	M49	Western Penn TC 40+	6:29.9	32:18.10
71	Lamme, Tom	M55	Gvh 50+	6:31.4	32:25.65
72	Long, Bruce	M53	Western Penn TC 50+	6:33.3	32:34.86
73	Weddle, Thom	M64	Unattached	6:34.1	32:38.80
74	Dugdale, John	M68	Wolfpit Running 60+	6:34.5	32:40.65
75	Wehrkamp, Tim	M55	Unattached	6:34.7	32:41.93
76	Sweeny, Hugh	M58	Raritan Vall	6:34.8	32:42.49
77	Blake, Dave	M53	Gvh 50+	6:34.9	32:43.06
78	Breton, Gaetan	M54	Canada	6:35.5	32:45.73
79	Seiler, Joe	M42	Western Penn TC 40+	6:36.5	32:51.02
80	Boyle, Jim	M52	Gvh 50+	6:37.2	32:54.36
81	Reeder, Jay	M46	Gvh 40+ "b"	6:38.6	33:01.32
82	Hogan, Peter	M51	Checkers AC 50+	6:39.9	33:07.56
83	Geddes, Jack	M65	Canada	6:40.2	33:09.06
84	Sheridan, Michael	M56	Canada	6:40.8	33:12.28
85	Grimm, Carl	M63	Gvh 60+	6:41.8	33:17.06
86	Huddle, Bob	M55	High Noon 50+	6:44.0	33:28.24
87	Cosgrove, Pat	M61	Raritan Vall	6:44.6	33:30.84
88	Quattrone, Frank	M47	Gvh 40+ "b"	6:45.0	33:32.81
89	Neal, Sam	M52	Checkers AC 50+	6:46.0	33:38.14
90	Gallant, Ken	M50	Gvh 50+	6:48.6	33:51.01
91	Dykman, Fred	M47	Canada	6:48.7	33:51.30
92	Davis, Alan	M46	Canada	6:49.3	33:54.23
93	Connor, Jack	M43	Troy Trailblazers	6:49.8	33:56.88
94	Gracie, Bob	M54	Western Penn TC 50+	6:53.3	34:14.29
95	Glazier, Robert	M64	Canada	6:54.2	34:18.59
96	Davis, Jim	M47	Gvh 40+ "b"	6:54.6	34:20.67
97	Howe, Roger	M54	Gvh 50+ "b"	6:57.2	34:33.87
98	Zimmerman, Ralph	M61	Checkers AC Men 60+	6:59.8	34:46.37
99	Millen, David	M42	Usa Men	7:00.7	34:51.11
100	Nowatkowski, John	M58	Raritan Vall	7:01.2	34:53.46
101	Jacobs, Wayne	M54	Western Penn TC 50+	7:03.0	35:02.62
102	Krynski, Ken	M55	Western Penn TC 50+	7:04.1	35:07.97
103	Bagnoli, Ronald	M55	Adirondack AC 50+	7:05.3	35:13.99
104	Polito, Bill	M49	Gvh 40+ "b"	7:09.4	35:34.24
105	Rybinski, Richard	M50	Chargers 50+	7:10.1	35:37.88
106	Waddington, Cliff	M58	Canada	7:11.8	35:46.40
107	Graceffo, Sam	M66	Syracuse 60+	7:12.8	35:51.30
108	Christensen, Vern	M61	Canada	7:15.2	36:03.20
109	Smith, Jerry	M59	Syracuse Track Team	7:16.8	36:11.17

110	Tocha, Ken	M55	Unattached	7:18.1	36:17.77
111	Cadrette, Kermit	M64	Syracuse 60+	7:20.9	36:31.57
112	Halbert, Paul	M63	Syracuse 60+	7:21.2	36:33.21
113	Cohen, Daniel	M66	Syracuse 60+	7:21.8	36:35.85
114	Hasenauer, Mike	M50	Gvh 50+ "b"	7:27.0	37:02.02
115	Smith-Trojian, J. Timoth	M42	Unattached	7:29.6	37:14.59
116	Telarico, Dick	M63	Gvh 60+	7:30.3	37:18.11
117	Salmons, Roger	M54	Usa Men	7:34.0	37:36.61
118	LaVasseur, Jery	M64	Wolfpit Running 60+	7:40.9	38:10.68
119	Harden, Bill	M60	Checkers AC Men 60+	7:41.8	38:15.60
120	Freyler, Otto	M69	Gvh 60+	7:42.1	38:16.79
121	Brazda, Fred	M67	Gvh 60+	7:45.6	38:34.50
122	Josephson, Ralph	M56	Unattached	7:47.6	38:44.28
123	Gordon, Kenneth	M60	Checkers AC Men 60+	7:51.3	39:02.43
124	Naczynski, Daniel	M60	Western Penn TC 60+	7:53.4	39:13.06
125	Matthews, Tim	M50	Gvh 50+ "b"	7:57.6	39:34.10
126	Vander Wal, Hylke	M64	Canada	7:59.9	39:45.38
127	Sauer, Ted	M54	Canada	8:00.8	39:49.77
128	Carr, Tom	M57	Gvh 50+ "b"	8:14.2	40:56.28
129	Smith, Doug	M51	Canada	8:15.2	41:01.32
130	Rubin, Howard	M74	Chargers 70+	8:16.7	41:08.73
131	Mullen, David	M45	Usa Men	8:18.9	41:19.87
132	Van Almkerk, Richard	M55	Gvh 50+ "b"	8:21.7	41:33.75
133	McRae, Wally	M70	Chargers 70+	8:23.7	41:43.64
134	Volk, Bob	M58	Usa Men	8:28.5	42:07.65
135	Sullivan, Richard	M74	Belle Watling AC	8:36.5	42:47.35
136	McConnell, Walt	M71	Unattached	8:40.7	43:08.43
137	Whalley, Roger	M73	Belle Watling AC	8:42.6	43:17.79
138	Jarrett, Dick	M66	Usa Men	9:00.0	44:44.16
139	Bisson, Jerrold	M71	Chargers 70+	9:07.3	45:20.23
140	Harwick, John	M69	Western Penn TC 60+	9:21.8	46:32.57
141	Bueme, Sandy	M75	Belle Watling AC	10:04.6	50:05.02
142	O'Sullivan, Jack	M74	Belle Watling AC	10:22.5	51:34.12
143	Sypniewski, Henry	M84	Unattached	10:56.7	54:24.06
144	Gasper, Elmer	M70	Western Penn TC 60+	11:16.0	55:59.96

Women 8 km

Name	Age	Team	Avg Mile	Finals	
1	Martin, Kathryn	W51	Unattached	6:13.5	30:56.29
2	Sharp, Gillian	W41	Finger Lakes	6:21.8	31:37.76
3	Myette, Suzanne	W45	Finger Lakes	6:22.8	31:42.77
4	Heuer, Becky	W38	Unattached	6:27.4	32:05.77
5	DeCiantis, Beth	W40	Gvh Women 40+	6:28.7	32:12.24
6	MacKenzie, Karen	W44	Canada	6:33.2	32:34.25
7	Smith-Hanna, Carolyn	W52	Gvh Women 40+	6:41.3	33:14.87
8	Steele, Karen	W45	West Valley	6:42.4	33:20.00
9	Gregorich, Sandra	W40	Ozaukee TC 40+	6:43.3	33:24.65
10	Clark-Taylor, Laura	W45	Ozaukee TC 40+	6:47.4	33:44.79
11	Yanai, Ruth	W44	Chargers W40	6:51.6	34:05.77
12	Geiger, Gail	W39	Gvh	6:55.2	34:23.84
13	Kinsella, Laurie	W48	Gvh Women 40+	6:55.3	34:24.19
14	O'Brien, Belinda	W50	Gvh Women 50+ "b"	7:00.0	34:47.75
15	Woodford, Shirley	W46	Finger Lakes	7:00.8	34:51.67
16	Horwich, June	W40	Canada	7:03.5	35:05.21
17	Balander, Audrey	W46	Finger Lakes	7:05.5	35:14.91
18	Flanigan, Patty	W43	Gvh Women 40+	7:06.6	35:20.62
19	Sardes, Diane	W50	Checkers Women 40+	7:09.1	35:32.98
20	Marnell, Lorrie	W41	Finger Lakes	7:10.6	35:40.20
21	Trimber, Sharon	W40	W. Penn W40+	7:12.0	35:47.29
22	Crocker, Shirley	W44	Ozaukee TC 40+	7:19.4	36:24.05
23	Ford, Patti	W47	Chargers W40	7:21.4	36:34.07

24 Dodge, Carol	W46 Chargers W40	7:29.9	37:16.22
25 Herrick, Jean	W51 Gvh Women 50+	7:32.1	37:27.20
26 Swan, Suzanne	W42 W. Penn W40+	7:34.9	37:41.03
27 Outler, Sharon	W39 Usa Women	7:38.9	38:01.16
28 Sanchas, Cynthia	W47 W. Penn W40+	7:47.3	38:42.60
29 Page, Debbi	W51 W. Penn W40+	7:47.5	38:43.89
30 Guinan, Patty	W40 Unattached	7:51.5	39:03.86
31 White, Maria	W42 Gvh Women 40+	7:52.5	39:08.44
32 Shaver, Mary	W61 Gvh Women 50+	7:53.3	39:12.43
33 Wagner, Gail	W51 Gvh Women 50+	7:53.9	39:15.48
34 Scott, Beth	W50 Gvh Women 50+	7:56.7	39:29.69
35 Taylor-Ogden, Julie	W46 Gvh Women 40+	8:00.0	39:45.83
36 Dumais, Jocelyne	W43 Canada	8:04.9	40:10.47
37 Kriesen, Carolyn	W59 Gvh Women 50+	8:06.6	40:18.83
38 Lutz, Martha	W46 Unattached	8:19.7	41:23.66
39 Ames, Sharon	W45 Usa Women	8:22.9	41:39.52
40 Spannaus, Barbara	W54 Unattached	8:38.1	42:55.33
41 Scharge, Cathy	W55 Canada	8:40.2	43:05.92
42 Kelly, Alice	W54 Gvh Women 50+	8:40.5	43:07.39
43 Christensen, Joan	W62 Canada	8:56.5	44:26.48
44 Lewis, Doreen	W38 Usa Women	9:12.5	45:46.05
45 Oja, Linda	W49 Chargers W40	9:19.5	46:20.95
46 Scalzo, Kelly	W43 Chargers W40	9:42.6	48:16.09
47 Martin, Patricia	W53 Gvh Women 50+ "b"	9:49.7	48:51.31
48 Bost, Madeline	W63 Unattached	10:14.6	50:54.93
49 Rosati, Joan	W63 Gvh Women 50+ "b"	10:28.7	52:04.87
50 Hyer, Edna	W68 Unattached	10:38.5	52:53.96
51 Tedford, Cathy	W49 Canada	10:52.1	54:01.46

TEAM SCORES

Team Scores 40+ - Men

Rank	Team	Runner 1	Runner 2	Runner 3	Runner 4	Runner 5
1	Gvh 40+	27:11	27:26	28:03	28:14	28:23
	Total Time:	2:19:17.00				
	Average:	27:51.40				
2	Adirondack AC 40+	25:40	28:01	28:22	29:02	29:19
	Total Time:	2:20:24.00				
	Average:	28:04.80				
3	Syracuse Chargers 40+	27:22	27:55	28:46	28:48	29:02
	Total Time:	2:21:53.00				
	Average:	28:22.60				
4	Western Penn TC 40+	28:27	28:40	28:45	28:52	29:23
	Total Time:	2:24:07.00				
	Average:	28:49.40				
5	Checkers AC 40+	27:37	28:55	29:34	29:57	31:00
	Total Time:	2:27:03.00				
	Average:	29:24.60				
6	Gvh 40+ "b"	28:50	30:13	31:31	31:36	33:02
	Total Time:	2:35:12.00				
	Average:	31:02.40				

Team Scores 50+ - Men

Rank	Team	Runner 1	Runner 2	Runner 3	Runner 4	Runner 5
1	Adirondack AC 50+	29:23	29:43	30:30	30:56	31:10
	Total Time:	2:31:42.00				
	Average:	30:20.40				
2	Checkers AC 50+	29:01	30:37	30:50	31:37	31:45

Total Time:	2:33:50.00				
Average:	30:46.00				
3 Raritan Valley Road Runners	29:25	31:40	31:58	32:43	33:31
Total Time:	2:39:17.00				
Average:	31:51.40				
4 Gvh 50+	31:56	32:26	32:44	32:55	33:52
Total Time:	2:43:53.00				
Average:	32:46.60				
5 Western Penn TC 50+	30:39	31:44	32:35	34:15	35:03
Total Time:	2:44:16.00				
Average:	32:51.20				
6 Gvh 50+ "b"	34:34	37:03	39:35	40:57	41:34
Total Time:	3:13:43.01				
Average:	38:44.60				

Team Scores 60+ Men

Rank	Team	Runner 1	Runner 2	Runner 3
1	Wolfpit Running 60+	30:54	32:41	38:11
	Total Time:			1:41:46.00
	Average:			33:55.34
2	Gvh 60+	33:18	37:19	38:17
	Total Time:			1:48:54.00
	Average:			36:18.00
3	Syracuse Chargers 60+	35:52	36:32	36:34
	Total Time:			1:48:58.00
	Average:			36:19.34
4	Checkers AC Men 60+	34:47	38:16	39:03
	Total Time:			1:52:06.00
	Average:			37:22.00
5	Western Penn TC 60+	39:14	46:33	56:00
	Total Time:			2:24:47.00
	Average:			47:15.67

Team Scores 70+ Men

Rank	Team	Runner 1	Runner 2	Runner 3
1	Syracuse Chargers 70+	41:09	41:44	45:21
	Total Time:			2:08:14.00
	Average:			42:44.67
2	Belle Watling AC	42:48	43:18	50:06
	Total Time:			2:16:12.00
	Average:			45:24.00

Team Scores 40+ Women

Rank	Team	Runner 1	Runner 2	Runner 3
1	Finger Lakes Running Club	31:38	31:43	34:52
	Total Time:			1:38:13.00
	Average:			32:44.34
2	GVH Women 40+	32:13	33:15	34:25
	Total Time:			1:39:53.00
	Average:			33:17.67
3	Ozaukee TC 40+	33:25	33:45	36:25
	Total Time:			1:43:35.00
	Average:			34:31.67
4	Syracuse Chargers W 40+	34:06	36:35	37:17
	Total Time:			1:47:58.00
	Average:			35:59.34

5 Western Penn Women 40+	35:48	37:42	38:43
Total Time:	1:52:13.00		
Average:	37:24.34		

Team Scores 50+ Women

Rank	Team	Runner 1	Runner 2	Runner 3
1	GVH Women 50+	37:28	39:13	39:16
	Total Time:	1:55:57.00		
	Average:	38:39.00		
2	GVH Women 50+ "b"	34:48	48:52	52:05
	Total Time:	2:15:45.00		
	Average:	45:15.00		

8k USATF Masters National XC Championship
Black Creek Park, Rochester, New York – Sunday, 11/03/02

Women's Results – Top 5 by Age Grading

1.	Kathryn Martin	87.14% 30:57	51	Unattached
2.	Suzanne Myette	81.31% 31:43	45	Finger Lakes Runners
3.	Carolyn Smith-Hanna	81.09% 33:15	52	Genesee Valley Harriers
4.	Gillian Sharp	78.17% 31:38	41	Finger Lakes Runners
5.	Belinda O'Brien	77.48% 34:48	50	Genesee Valley Harriers

Men's Results – Top 5 by Age Grading

1.	Tom Dalton	85.98% 25:40	44	Adirondack Runners
2.	Bill Borla	83.92% 30:54	62	Wolfpit Runners
3.	Terry Delph	83.54% 29:40	57	Philadelphia Masters
4.	Charlie Andrews	83.41% 27:26	45	Genesee Valley Harriers
5.	John Dugdale	83.40% 32:41	68	Wolfpit Runners